

Bereavement Support Group

Death and dying is often “taboo” to talk about in our society but not in our space! We invite you to join our Bereavement Support group to navigate the complexities of the bereavement experience, supported by a Registered Social Worker.

In this space you will:

- meet up to 10 others with similar experiences
- share stories
- learn about grief among other topics
- leave with tools to support you along the journey

This groups is:

6 weeks

1.5 to 2 hours long

\$65/hour

*Covered by most insurance plans

Register now to secure your spot!

To do so, please reach out however you'd prefer.

☎ 705 - 722 - 3729

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